

## SUGGESTED MATERIAL

**Important:** *please write your child's name on any clothing or accessories (especially at Base de Plein Air).*

- 1 warm and waterproof ski jacket
- 2 waterproof ski pants
- 1 pair of snow boots
- 2 sweat pants
- A pair of tennis shoes
- A pair of slippers
- 2 pairs of ski gloves
- Hat and neck warmer (*mask optional*)
- 1 or 2 warm sweaters
- Tights or long john
- Tee-shirts
- Turtlenecks and warm long sleeves t-shirts
- Warm pair of ski socks
- Chap stick
- Sunscreen
- Pocket warmers
- Ski goggles
- Vanity case
- Bath towel (*for Base de Plein Air*)
- Bathing suit
- Optional ice skates (*for Tremblant*)
- Helmet **mandatory** for skiers and snowboarders. (included in the rental price)
- Shin guards **highly recommended** for snowboarders
- Wrist protection **mandatory** for snowboarders

*For Base de Plein Air* : Sheets, pillow and blanket are provided (Nevertheless we recommend that you bring sleeping bag and fitted sheet as it is more convenient for young children)

We recommend not taking expensive valuables (electronics, cameras, jewelries...etc).

Use of videogames at Lodge de la Montagne will be limited and supervised by Adventure Francophone's staff. Please, check carefully the games' rating (same recommendation for books and movies)

Suggested pocket money **not to exceed:**

- For Base de Plein Air Mont Tremblant (*CAN \$70*)
- For Tremblant (*CAN \$200*)

**Provide your child with CAN \$, we will not exchange US \$.**